

## Scheduling Recommendations for the Classroom

**Math** - 4 hours per week

**Reading** - *Individual Reading* (2 hours per week)  
*Reading Lessons* (3 hours per week)

**Writing** - 2 hours per week

**Social Studies** }  
**Science** } *6 hours per week must be dedicated to these areas. It is okay to focus more on one area at a certain time of the school year, and then switch to the other area later in the year. Both should be equally represented by the end of the year.*

**Foreign language** - 1 hour per week

**Music** - 1 hour per week

**Physical Education** - 1 and a half hours per week  
*(planned physical activity)*

**Recess** - 3 hours per week  
*(unstructured physical activity)*

**Lunch** - 3 hours per week (equal time each day)

**“Project Based Learning”** - *3 hours per week must be dedicated to a special class or individual project. This will be a hands-on activity focused on topics that students are currently learning about in the individual subject areas.*

**Announcements & “Class Talk”** - *1 hour should be allowed each week for “class talk” or “morning time” where teachers go over school announcements, highlight the calendar, and talk with the students prior to the start of organized instruction.*