Teacher Instructions:

Problem Title: Dealing with Disappointment

The Main Problem:



Even when you work hard and do what you're supposed to do, sometimes things don't go your way. This can lead to major disappointment. What can you do to manage this disappointment? Can it be positive in the long run?

When Things Don't Go Your Way...

Students will recall situations when life didn't go as planned, and develop strategies for dealing with disappointment in the future.

Step 1

Review Stimulus Stimulus Item #1- "A Heartbreaking Loss" (video)
Stimulus Item #2- "Disappointment Is Good!" (article)
Stimulus Item #3- A "Disappointing" Infographic

**Students should take notes as they review the Stimulus Items

Step 2

Classroom

Discussion

Lead a **class discussion** about issues related to the topic. You are being provided a sheet to help you guide the classroom discussion.

Student Response (the "Product"):

Students will share their experiences with "things not going their way," specifically how the disappointment had an impact on them. In small groups, students can **create a poster or pamphlet** to help other students to learn from their mistakes and accept disappointment. The groups can share their work, and as a class create a "Master List" of strategies for dealing with setbacks and letdowns.

Step 3
Student
Response

***students should have access to their notes as they enter their answers

***students may also have access to the Stimulus Items as they enter their answers **Extended Response Items:** Have students answer the following questions using the online assessment system. Remind students to use information from the Stimulus Items to support their response.

- 1) What is a situation where you have been disappointed by a setback or loss, even if it wasn't important in the long run? How did you respond?
- 2) What are strategies you can use to respond to major (or minor) letdowns in your life? Why is dealing with them correctly so important?

Step 4

Analysis

Rubrics to grade student entries have been provided, and all questions have been mapped to the content standards. Results can be analyzed through the online system.